

"You are not alone!" Welcome to G.E.A.R. Parent Network



Through parent-to-parent sharing of experiences and knowledge, G.E.A.R. Parent Network empowers parents of children with behavioral health needs to build on their family's strengths and to advocate for their family's needs.

FREE support available to parents & families include:

- Support by phone at 1-800-264-9224 or 1-207-696-8375 if you're out of state
- Monthly Support Groups
- Workshops on topics related to emotional and behavioral health
- Opportunities to network with other families
- Information on resources and public services available to you and your family
- Programs for passing on your knowledge and assisting other families
- Leadership skills and quality assurance advocacy through the F.A.C.E.S. Council

We are parents helping each other; we offer unconditional support – no blame, no shame and no judgment. We want you to know that you are not ALONE!

Feel free to click through the site where you can find more information About Us, Our Staff, Support Groups, Resources and much more.